



**Advent One**  
**3 December**

**Share Food and Create Hope.**



In Sri Lanka, Somawathie grows food on her tiny farm – a few trees, mung beans, peanuts, eggplant and more. Hungry wild elephants often come looking for food. Unless she can scare them away, they eat her crops.



Our partner MONLAR is helping small farmers like Somawathie. When she and her late husband could not afford to buy seeds and fertiliser, MONLAR taught them how to grow food at little cost. But now climate change is biting, and the elephants are coming more often, she is worried about the future.  
**Small scale farmers and elephants need hope.**

**Share Food this Christmas. Support the [2023 Christmas Appeal.](#)**

**Advent Two**  
**10 December**

**Share Peace with Small Farmers.**

In South Sudan a mother heard guns and fighting. She gathered her children and ran for her life. Now she works hard in her garden, grateful for the care and support she has found in Maridi. She is proud of her first crops and the promise of food for her family. The garden comes with the promise of peace in a region

		<p>where conflict and hunger are spreading.</p> <p>Our partner Mission for Sustainable Advancement is helping mothers with children begin a new life in Maridi. With tools, seeds, plants and training, displaced women will be able to feed themselves. Their children will be able to go to school.</p> <p><b>Families displaced by violence and conflict need peace.</b></p> <p><b>Share Food this Christmas. Support the <u>2023 Christmas Appeal.</u></b></p>
<p><b>Advent Three</b></p> <p><b>17 December</b></p> <p><b>Share Food with Joy.</b></p>		<p>Hunger is normal in much of Haiti. Life is extremely difficult for everyone. Parents want to have enough food every day and offer their children a better future. This community oven in one rural community helps fund the local school and gives families the joy of eating fresh bread.</p> <p>Our partner, ICKL brings together local community leaders and university researchers in its Popular University to share research and create local solutions for some of the most vulnerable people. ICKL provides teacher training support and classroom materials in three rural schools. <b>When very poor families have food to share, there is joy.</b></p> <p><b>Share Food this Christmas. Support the <u>2023 Christmas Appeal.</u></b></p>
<p><b>Advent Four</b></p> <p><b>24 December</b></p>		<p>In Tonga, Kapiolani is a fan weaver and passionate home gardener. Her home is surrounded by vegetables,</p>

**Share Food with Love.**



banana and breadfruit trees, pele and flowers, flourishing with the compost she learned to make at a workshop run by our partner. She knows she will improve her family's livelihood by raising chickens in her new chicken house. With more training on climate change, she can help her community prepare for future disasters.

Our partner Tonga Community Development Trust has been working through its local groups to help Tongans recover after last year's eruption and tsunami. It is running psychosocial training so people can help those living with loss and trauma. **After natural disasters, families need practical support and love.**

**Share Food this Christmas. Support the 2023 Christmas Appeal.**

**Christmas  
25 December**

**Share Food with the World.**



In Poland, Irena, her two children and a friend share a meal, far from their home in Ukraine. Our partner, the Lutheran World Federation and local churches provide shelter, food and psychosocial support to refugees.

In Gaza, churches offer food and shelter to some of the many people made hungry and homeless. Our partner the Department of Service to Palestinian Refugees plans to distribute emergency relief and rebuild its Primary Health Clinics and Vocational Training Centres.

As a member of ACT Alliance – Action by Churches Together – we provide practical help to people after disasters and in places of conflict. **On this Christmas**



Day we celebrate the love we find in Christ with the world.

**Share Food this Christmas. Support the 2023 Christmas Appeal.**