Who Will Benefit?

The project will support rural communities across Fiji's two main islands.

Women

Women are increasingly taking leadership roles within farming groups and community decision-making. The project intentionally strengthens women's participation and leadership.

Young People

Special training and leadership opportunities will help young people develop practical skills, build confidence and contribute to their communities.

Farming Families

Families will gain knowledge, resources and support to improve food production and household income.

Vulnerable Households

Particular attention is given to households headed by women, older people and people living with disabilities, ensuring they are included and supported.

Expected Results

- More families growing food at home
- Increased household income
- Women and youth leading community initiatives
- Sustainable farming practices spreading across communities
- Stronger, more resilient rural villages

About SEEP

The Social Empowerment Education Programme (SEEP) has worked with rural communities in Fiji for many years, helping people build skills, confidence and leadership.

Today SEEP works with more than 500 registered farmers across multiple districts, supporting communities to move from subsistence farming toward sustainable livelihoods and greater economic independence.

What SEEP Has Already Achieved

- More than 500 farmers engaged in the programme
- Around half of participants are women
- Over 60 training programmes delivered
- Women's leadership programmes established
- Sustainable farming groups developed
- Strong partnerships with local communities and the Ministry of Agriculture

SEEP believes lasting change happens when communities gain the confidence and skills to shape their own future.

Christian World Service
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Methodist Women's Fellowship

Special Project 2027

Growing Hope in Fiji

Empowering Women, Youth and Rural Families through Sustainable Agriculture

Supporting the Social Empowerment Education Programme (SEEP) in partnership with Christian World Service.
"Together we can help rural communities build food security, strengthen livelihoods and create opportunities for future generations."

Why This Project Matters

Many rural families in Fiji face significant challenges despite living in fertile farming communities.

More than 40% of people in some rural areas experience poverty, and many farming families struggle to earn reliable incomes from the land. Limited training, difficult access to markets, isolation and a lack of business skills often prevent farmers from achieving their potential.

Women frequently carry the responsibility of feeding families and caring for children and older family members, while young people often leave rural communities in search of opportunities elsewhere.

SEEP works alongside communities to build confidence, skills and practical solutions that allow families to create a more secure future for themselves.

The Vision

A healthier, more resilient and environmentally sustainable Fiji where families can thrive through farming, cooperation and community leadership.

What your help will achieve

Your support through the Methodist Women's Fellowship Special Project will help provide:

✓ Training for rural women, youth and farming families

✓ Community demonstration farms

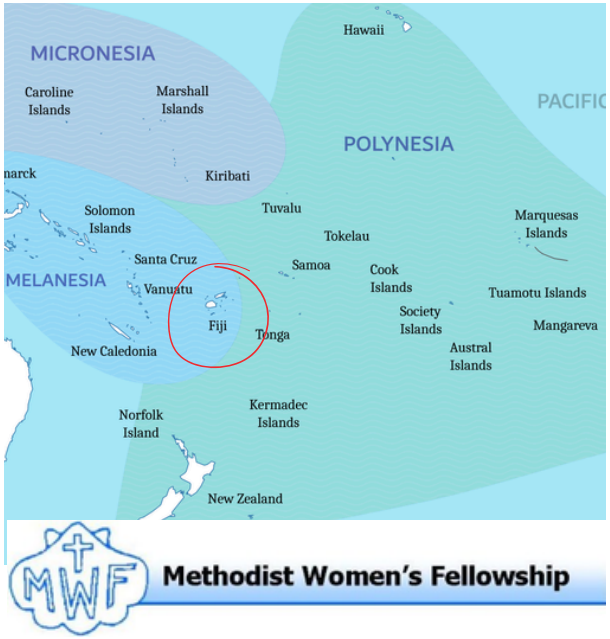
✓ Backyard food gardens

✓ Sustainable farming education

✓ Youth leadership development

✓ Support for women-led farming initiatives

✓ Stronger food security and household incomes



What Will Happen?

The project focuses on three key areas:

1. **Food Security for Families**

   Families will establish backyard gardens that provide healthy food close to home. These gardens help improve nutrition and reduce household costs.

2. **Better Livelihoods**

   Farmers will learn how to manage farming as a business through practical training, demonstration farms and cooperative marketing initiatives.

   The project aims to help women and youth-led farming groups increase household incomes by at least 30%.

3. **Sustainable Agriculture**

   Communities will learn environmentally sustainable farming methods that protect soil, reduce reliance on chemicals and strengthen resilience to climate change impacts.

Your CWS point of contact

As you undertake your fundraising, if you have any questions, your point of contact at any time is:

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